

**Mental Health Practitioner**
**Certificate | 30 credits**

Campus: Hibbing, Itasca, Mesabi Range-Virginia, Rainy River, Vermilion

<b>FALL SEMESTER 2025 – 15 credits</b>	<b>Prerequisites</b>	<b>Credits</b>	<b>Hr Lc/Lb</b>
PSYC 1100 – Intro to Human Services and Community Resources		3	
PSYC 1215 – General Psychology (MnTC Goals 5 & 7)	(CLR, CLW)	3	
PSYC 1220 – Lifespan Development (MnTC Goals 5 & 7)	(CLR)	3	
PSYC 2215 – Human Sexuality (MnTC Goals 5 & 8)		3	
Choose one additional Social and Behavioral Science MnTC Goal 5 course: SOC 1210 – Social Problems (MnTC Goals 5 & 8) SOC 1215 – Marriage and Family (MnTC Goals 5 & 7) SOC 1310 – Intro to Criminal Justice (MnTC Goals 5 & 9) SOC 2225 – Race and Ethnicity (MnTC Goals 5 & 7)	(see course outline)	3	

<b>SPRING SEMESTER 2026 – 15 credits (minimum)</b>	<b>Prerequisites</b>	<b>Credits</b>	<b>Hr Lc/Lb</b>
PSYC 2100 – Basic Interviewing and Helping Skills		3	
PSYC 2191 – Psychology/Human Services A.S. Degree Practicum (PSYC 1100; 2.5 GPA in major; instructor consent)		3	
PSYC 2216 – Abnormal Psychology (MnTC Goals 5 & 7)	(PSYC 1215)	3	
PSYC 2217 – Learning and Cognition	(PSYC 1215)	3	
PSYC 2225 – Group Processes (MnTC Goals 5 & 7)	(CLR)	3	

**Program Description**

This 30-credit certificate is designed to provide a strong foundation of knowledge and skills for the student interested in becoming a highly qualified mental health practitioner who is prepared to work in a variety of settings. The certificate offers students a transformative experience that emphasizes the application of learning and direct field experience.

Graduates of this certificate can apply all of the credits earned in the required courses toward the requirements of the Applied Psychology/Human Services A.S. degree program.

**Program Learning Outcomes**

Graduates of this program will:

1. Demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings, careers, and historical trends in psychology/human services.
2. Respect and use critical thinking, skeptical inquiry, and, when possible, the scientific approach to solve problems related to behavior and mental processes.
3. Understand and apply psychological/human services principles and basic helping skills to personal, social/community, and organizational issues in a landscape that involves increasing diversity.
4. Develop an understanding of career opportunities and professional issues in psychology/human services.
5. Gain insight into their own and others' behavior and mental processes and apply this knowledge to promote more effective functioning.
6. Demonstrate competence in writing and in oral and interpersonal communication skills.
7. Become familiar with the formal regulations that govern professional ethics in psychology/human services and begin to embrace human services values as well as demonstrate adherence to professional values/ethics.

**Transfer and Articulation Agreements**

The Mental Health Practitioner certificate includes the 30 credits of Behavior Health and Science credits required in the Applied Psychology/Human Services AS degree program. Students interested in continuing their education after completion of this certificate may take an additional 30 credits MnTC as listed as required on the Applied Psychology/Human Services AS degree planner to also complete that program.

**Program Faculty Contact**

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