

**Applied Psychology/Human Services**

Campus: Itasca

**Associate of Science | 60 credits**
**First Year**

<b>FALL SEMESTER 2025 – 16 credits</b>	<b>Prerequisites</b>	<b>Credits</b>	<b>Hr Lc/Lb</b>
ENGL 1231 – College Composition 1 (MnTC Goal 1)	(CLR, CLW)	4	
PHIL 1230 – Ethics (MnTC Goals 6-T/A & 9)	(CLR, CLW)	3	
PSYC 1100 – Intro to Human Services and Community Resources		3	
PSYC 1215 – General Psychology (MnTC Goals 5 & 7)	(CLR, CLW)	3	
MnTC Goal 5 – Course from Second Discipline Area (not Psychology)	(see course outline)	3	

<b>SPRING SEMESTER 2026 – 15 credits (minimum)</b>	<b>Prerequisites</b>	<b>Credits</b>	<b>Hr Lc/Lb</b>
ENGL 1232 – College Composition 2 (MnTC Goal 1)	(ENGL 1231)	3	
<u>OR</u> ENGL 1240 – Technical Report Writing (MnTC Goal 1)	(ENGL 1231)		
PSYC 1220 – Lifespan Development (MnTC Goals 5 & 7)	(CLR)	3	
PSYC 2215 – Human Sexuality (MnTC Goals 5 & 8)		3	
MnTC Goal 3 – Natural Science course	(see course outline)	3 (or 4)	(var.)
MnTC Goal 6 – Humanities and Fine Arts, Creative Process/Interpretive Performance	(see course outline)	3	

**Second Year**

<b>FALL SEMESTER 2026 – 13 credits (minimum)</b>	<b>Prerequisites</b>	<b>Credits</b>	<b>Hr Lc/Lb</b>
BIOL 1200 – Intro to Biology (MnTC Goals 3 & 10)	(CLR)	4	(3/2)
COMM 1210 – Intro to Communication (MnTC Goal 1)		3	
<u>OR</u> COMM 1220 – Interpersonal Communication (MnTC Goal 1)			
PSYC 2216 – Abnormal Psychology (MnTC Goals 5 & 7)	(PSYC 1215)	3	
MATH 1215 – Statistics (MnTC Goal 4), recommended course	(MATH 0200)	3 (or 4)	
<u>OR</u> MATH 1220 – College Algebra (MnTC Goal 4)	(MATH 0300)		
<u>OR</u> Other math course at level higher than the two above (MnTC Goal 4)	(see course outline)		

<b>SPRING SEMESTER 2027 – 15 credits (minimum)</b>	<b>Prerequisites</b>	<b>Credits</b>	<b>Hr Lc/Lb</b>
PSYC 2100 – Basic Interviewing and Helping Skills		3	
PSYC 2191 – Psychology/Human Services A.S. Degree Practicum	(PSYC 1100; 2.5 GPA in major; instructor consent)	3 (or 4)	
PSYC 2217 – Learning and Cognition	(PSYC 1215)	3	
PSYC 2225 – Group Processes (MnTC Goals 5 & 7)	(CLR)	3	
MnTC Goal 6 – Humanities and Fine Arts	(see course outline)	3	

**Additional Recommended Courses**

PSYC 1315 – Drugs, Alcohol, and Behavior

PSYC 1325 – Psychology of Sustainability

**Program Description**

The Applied Psychology/Human Services program is one of a kind in Minnesota! It was designed to provide a strong foundation of knowledge and skills for students who are interested in going into a variety of human service-related fields (e.g., psychology, social work, case management, corrections, chemical dependency counseling). In addition to completing general education requirements, the AS offers students a transformative experience that emphasizes application of learning and direct field experience.

### Program Learning Outcomes

Graduates of this program will:

1. Demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings, careers, and historical trends in psychology/human services.
2. Respect and use critical thinking, skeptical inquiry, and, when possible, the scientific approach to solve problems related to behavior and mental processes.
3. Understand and apply psychological/human services principles and basic helping skills to personal, social/community, and organizational issues in a landscape that involves increasing diversity.
4. Develop an understanding of career opportunities and professional issues in psychology/human services.
5. Gain insight into their own and others' behavior and mental processes and apply this knowledge to promote more effective functioning.
6. Demonstrate competence in writing and in oral and interpersonal communication skills.
7. Become familiar with the formal regulations that govern professional ethics in psychology/human services and begin to embrace human services values as well as demonstrate adherence to professional values/ethics.

### Transfer and Articulation Agreements

The AS degree in Applied Psychology/Human Services affords easy transfer to various institutions through completion of the Minnesota Transfer Curriculum (MnTC). See your advisor for further information and to ensure all MnTC goal areas are met. There are also formal articulation agreements with Bemidji State University (BSU) and University of North Dakota (UND) for students interested in pursuing a four-year degree in psychology at those institutions.

### Program Faculty Contact

**Jenny Wettersten** (Jenny.Wettersten@minnesotanorth.edu or 218-322-2437)

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