

**Addiction Studies**
**Certificate | 30 credits**

Campus: Mesabi Range - Virginia

To be eligible for enrollment in this certificate program, a student must have completed a Bachelor's Degree or higher.

<b>FALL SEMESTER 2024– 12 credits</b>	<b>Prerequisites</b>	<b>Credits</b>	<b>Hr Lc/Lb</b>
ADDS 1255 – Introduction to Addiction Studies	(CLR, CLW)	3	
ADDS 1264 – Pharmacology, Medicated Assisted Therapy, and Drug Use		2	
ADDS 2230 – Addictions Assessment	ADDS1255/1261/1264)	3	
PSYC 2200 – Intro to Co-Occurring Disorders (MnTC Goal 5)	(CLR)	4	

<b>SPRING SEMESTER 2025– 11 credits</b>	<b>Prerequisites</b>	<b>Credits</b>	<b>Hr Lc/Lb</b>
ADDS 1261 – Counseling Theory and Skills	(CLR, CLW)	3	
ADDS 2231 – Case Management and Treatment	(ADDS1255/1261/1264/2230)	3	
ADDS 2221 – Practicum 1 (instructor permission and ADDS1255/1261/1264/2230 and 2231 concurrently)		5	

<b>SUMMER TERM 2025 – 7 credits</b>	<b>Prerequisites</b>	<b>Credits</b>	<b>Hr Lc/Lb</b>
ADDS 2222 – Practicum 2* (instructor permission and ADDS1255/1261/1264/2230 and 2231 concurrently)		5	
ADDS 1262 – Racial, Cultural and Ethical Considerations in Addiction Counseling	(CLR, CLW)	2	
OR ADDS 1263 – Adolescent Substance Use: Misuse, Addiction, and Prevention	(CLR, CLW)		

**Note:** Addictions practicum credits transferred from another college will be considered, but a form for verification of your practicum signed by your transfer college will be required. The practicum transferred must have been completed at a treatment facility performing the 12 Core Functions of counseling.

**Program Description**

This certificate is intended for those students who have completed a bachelor's degree and are seeking licensure for Licensed Alcohol and Drug counselor (LADC) through the Minnesota Board of Behavioral Health and Therapy. This program is designed to provide students an understanding of addictions and chemical use and substance use disorders on individuals, families, and society. Goals of the program is to provide students with the knowledge and skills needed to be able to recognize and treat individuals with substance use and chemical and co-occurring disorders. A graduate will have acquired an understanding of the concepts, principles, skills, methods, and techniques needed to work with those whose lives have been seriously affected by addiction or abuse. A variety of treatment approaches and interventions are studied. Through their coursework and practicum experiences, students are expected to develop competency in the following twelve core functions of an alcohol and drug counselor: screening, intake, orientation, assessment, treatment planning, counseling, case management, crisis intervention, client education, referral, reports, and record keeping, and consultation with other professionals regarding treatment and services. TAP 21 counseling competencies will also be a thrust of the program. The program is designed to meet the 270 classroom clock hours of educational requirements and 880 practicum/internships hours to obtain full licensure (Licensed Alcohol and Drug Counselor-LADC).

**Occupational Titles**

Graduates may seek employment in substance use disorder or co-occurring disorder treatment programs; information, diagnostic, and referral centers; outpatient or follow-up care programs; halfway houses, schools, hospitals, clinics, prisons, social agencies; and programs supported by business, church, and government. A completed AAS in Addiction Studies and 2 full practicum completions will allow the student to apply for a Minnesota temporary permit (Alcohol and Drug Counselor Trainee-ADC-T).

### Program Learning Outcomes

Graduates of this program will:

1. Integrate and apply theories and models of substance use disorder in the continuum of care and process of change.
2. Incorporate into practice research and knowledge of psychopharmacology associated with addiction and chemical dependency.
3. Provide varied counseling techniques focusing on the inclusion of family, systems, and sociocultural factors.
4. Utilize the 12 core functions of drug and alcohol counseling to create, implement, and evaluate treatment.
5. Conduct assessments of client needs and resources at both the individual and community level, including analysis of social and political barriers that may impede progress.
6. Plan, facilitate, implement interventions and evaluate the outcome of services.
7. Engage in practices and techniques that encompass group facilitation, psychosocial assessment, behavioral change and motivating practices working with diverse populations.
8. Utilize a variety of counseling skills and abilities to function effectively as substance use counselors in a variety of settings.
9. Provide counseling integrating an awareness and discernment of co-occurring disorders/dual diagnoses.
10. Demonstrate the ability to adhere to professional ethical standards, including confidentiality, sensitivity when working with diverse populations and responsibility for professional growth.
11. Seek, find, evaluate, and use information and employ informant technology to engage in life learning.
12. Foster ethical and professional counseling practices incorporating legal and moral principles and a self-awareness of biases, beliefs, and spirit within their work.
13. Develop and maintain effective working relationships with clients, colleagues, and supervisors.
14. Work together with individuals and groups to assess needs, promote strengths, manage problems, set goals, develop or access resources, implement and assess action plans.
15. Examine the relationship between self, community, and environments, evaluating potential impacts and consequences of actions, and making choices and contributions based on that evaluation and evaluation.
16. Identify, analyze, and evaluate rhetorical strategies in one's own and others' writing in order to communicate effectively.
17. Apply/utilize written computer skills to maintain appropriate client and agency reports, records, documents.
18. Employ and interpret clear, concise, and open communications in professional skills including verbal, nonverbal, and written communications in a professional manner.
19. Gather, assemble, and interpret data through various methods necessary to determine clients' strengths and barriers that interfere with their ability to overcome adversity or achieved valued life goals.
20. Use critical thinking skills to make sound and reasoned decisions regarding common ethical dilemmas encountered in various practice settings.
21. Apply appropriate assessment techniques for substance related disorders, and recognition for other mental health disorders that commonly co-occur with addictive disorders.

### Other Information

It is mandatory that all students must pass a Department of Human Services background check or background check appeal to remain in any practicum. No agency variances will be accepted. Additionally, you must read and sign the Mesabi Range Addiction Studies Department Policy and Agreement upon either admission in the program or to enter any practicum.

Students may participate in program courses via one of two "modes" of course delivery, either In Person at one of three Minnesota North College campuses, or Zoom/On Camera. To promote a constructive educational experience for everyone, students are expected to adhere to requirements established for remote and in person course participation.

### Program Faculty Contact

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AASC APPROVED: 10.18.21; DOC REV: 01.30.24

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