Minnesota North College – Mesabi Range CampusAcademic Year 2023-24Human Services GeneralistAssociate of Applied Science (60 credits)

First Year

FALL SEMESTER 2023– 13 credits (minimum)	Prerequisites	Credits	Hr Lc/Lb
ADDS 1264 – Pharmacology, Medicated Assisted Therapy, and Drug Use		2	
ENGL 1231 – College Composition 1 (MnTC Goal 1)	(CLR, CLW)	4	
HSER 1231 – Intro to Human Services	(CLR, CLW)	4	
PSYC 1215 – General Psychology (MnTC Goals 5 & 7)	(CLR)	3	

SPRING SEMESTER 2024 – 8 credits (minimum)	Prerequisites	Credits	Hr Lc/Lb
ENGL 1232 – College Composition 2 (MnTC Goal 1)	(ENGL1231)	3	
HSER 1232 – Helping Process	(HSER1231 with C or better)	3	
HSER 1233 – Interviewing	(HSER1231 with C or better)	2	

Second Year

FALL SEMESTER 2024 – 10 credits (minimum)	Prerequisites	Credits	Hr Lc/Lb
ADDS 1255 – Introduction to Addiction Studies	(CLR, CLW)		
<u>OR</u>		3	
ADDS 1261 – Counseling Theory and Skills (offered spring semester)	(CLR, CLW)		
HSER 2220 – Human Services Internship*	(HSER1231/1232/1233)	2	
PSYC 2200 – Intro to Co-Occurring Disorders (MnTC Goal 5)	(CLR)	4	

SPRING SEMESTER 2025 – 11 credits (minimum)	Prerequisites	Credits	Hr Lc/Lb
HSER 2234 – Crisis Intervention	(HSER1231/1232/1233 and PSYC 2225)	3	
HSER 2220 – Human Services Internship*	(HSER1231/1232/1233)	2	
PHIL 1230 – Ethics (MnTC Goals 6 & 9)	(CLR, CLW)	3	

Any Semester – Make choices based on Articulation Agreements and Memorandums of Agreements for transfer; see Transfer and Articulation Agreement section of this document for superscript notation key and more information.

Restricted Electives – 8 credits required	Prerequisites	Credits	Hr Lc/Lb
BIOL 1215 – Human Biology (MnTC Goal 3) ^{BSU,(UWS),St.S}	(CLR)		
OR		4	(3/2)
BIOL 1300 – Introduction to Human Anatomy and Physiology (MnTC Goal 3) ^(UWS)			
COMM 1215 – Public Speaking (MnTC Goal 1)		3	
COMM 1220 – Interpersonal Communication (MnTC Goal 1)BSU		3	
ECON 1200 – Introduction to Economics (MnTC Goals 5 & 8) ^(BSU)	(CLR)	3	
ECON 1215 – Macroeconomics (MnTC Goals 5 & 8) ^{(BSU),(UWS)}	(CLR)	3	
MATH 1215 – Statistics (MnTC Goal 4) ^{BSU,UWS}	(MATH0200)		
OR		4	
Any other college level math course(s)	(see course outline)		
POLS 1215 – American Government and Politics (MnTC Goals 5 & 9) ^{BSU,(UWS)}	(CLR)	3	
POLS 1320 – State and Local Government (MnTC Goals 5 & 9) ^(UWS)	(CLR)	3	
SOC 1210 – Social Problems (MnTC Goals 5 & 8) ^{BSU,(UWS)}	(CLR)	3	
SOC 1310 – Introduction to Criminal Justice (MnTC Goals 5 & 9) ^(UWS)	(CLR)	3	
SOC 2210 – Human Relations (MnTC Goal 5) ^{BSU}	(CLR)	3	

*A total of 4 credits HSER 2220 – Human Services Internship is required; may be four credits in one semester, or two credits in each of two semesters.

Program Description

The Human Services Generalist AAS program is designed to provide the training appropriate for beginning employment in a human services occupation. At the Mesabi Range campus, this program provides students with the knowledge, values, and skills necessary for culturally sensitive human services practice. The curriculum is designed to prepare students in the initial stages of beginning practice to provide services that advance the well-being of people; promote social and economic justice; and enhance the social functioning of individuals, families, groups, organizations, and communities. The program provides both academic and field-based experiences that allow the student to integrate beginning theoretical and applied knowledge to engage in the planned change process at the micro, mezzo, and macro levels of practice. The program provides a basis of human service practice to advance to generalist social work practice that is largely guided by the Council on Social Work Education or a different social/behavioral science profession.

Occupational Titles

A graduate from the Minnesota North College Human Services AAS degree program at the Mesabi Range campus will have acquired an understanding of the concepts, principles, skills, methods, and techniques of human service agencies, hospitals, nursing homes, schools, half-way houses, and public services related business or industry.

Program Learning Outcomes

Graduates of this program will:

- 1. Demonstrate Ethical and Professional Behavior
- 2. Engage Diversity and Difference in Practice
- 3. Advance Human Rights and Social, Economic, and Environmental Justice
- 4. Engage in Practice-informed Research and Research-informed Practice
- 5. Engage in Policy Practice
- 6. Engage with Individuals, Families, Groups, Organizations, and Communities
- 7. Assess Individuals, Families, Groups, Organizations, and Communities
- 8. Intervene with Individuals, Families, Groups, Organizations, and Communities
- 9. Evaluate Practice with Individuals, Families, Groups, Organizations, and Communities
- Demonstrate the ability to adhere to professional ethical standards, including confidentiality, sensitivity when working with diverse populations and responsibility for professional growth.
- Foster ethical and professional counseling practices incorporating legal and moral principles and a self-awareness of biases, beliefs, and spirit within their work.
- 12. Develop and maintain effective working relationships with clients, colleagues, and supervisors.

- 13. Work together with individuals and groups to assess needs, promote strengths, manage problems, set goals, develop or access resources, implement and assess action plans.
- 14. Examine the relationship between self, community, and environments, evaluating potential impacts and consequences of actions, and making choices and contributions based on that evaluation and evaluation.
- 15. Identify, analyze, and evaluate rhetorical strategies in one's own and others' writing to communicate effectively.
- 16. Apply/utilize written computer skills to maintain appropriate client and agency reports, records, documents.
- Employ and interpret clear, concise, and open communications in professional skills including verbal, nonverbal, and written communications in a professional manner.
- Gather, assemble, and interpret data through various methods necessary to determine clients' strengths and barriers that interfere with their ability to overcome adversity or achieved valued life goals.
- Use critical thinking skills to make sound and reasoned decisions regarding common ethical dilemmas encountered in various practice settings.

Transfer and Articulation Agreements

There is an Articulation Agreement for this degree program to the Social Work Bachelor Degree at Bemidji State University. There are specific transfer agreements with Social Work programs at the College of St. Scholastica and the University of Wisconsin-Superior leading to the Bachelor of Social Work (BSW) degree. Transfer to other colleges is possible.

^{BSU} Restricted Elective recommended courses for students planning to attend Bemidji State University (BSU). An Additionally Recommended course for transfer to BSU is PSYC 1220 Lifespan Development.

^{UWS} Restricted Elective recommended courses for students planning to attend University of Wisconsin – Superior (UWS).

St.S Restricted Elective recommended course for students planning to attend St. Scholastica. Additionally, students planning to transfer here should also complete their Associate of Arts Degree.

Note that superscripts (BSU, USW, St.S) in parenthesis indicate a choice between courses; don't plan on taking all courses marked in parenthesis as they might apply toward the same requirement.

Other Information

It is mandatory that all students must pass a Department of Human Services background check or background check appeal to remain in any practicum. No agency variances will be accepted. Students may participate in program courses via one of two "modes" of course delivery, either In Person at one of three Minnesota North College campuses, or Zoom/On Camera. To promote a constructive educational experience for everyone, students are expected to adhere to requirements established for remote and in person course participation.

Program Faculty Contact

Mary Kay Riendeau (marykay.riendeau@minnesotanorth.edu or 218-550-2538)

Mission

Minnesota North College prepares lifelong learners and engaged citizens through inclusive, transformative experiences reflecting the character and natural environment of the region.



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